

Conshohocken, PA -- On Saturday, March 10, Congressman Joe Sestak marched in the 29th Annual Springfield St. Patrick's Day Parade.

"I am proud to march in this year's St. Patrick's Day parade in my hometown of Springfield with so many of my friends and constituents," noted Joe. "Today was a great day for Springfield and for all those that celebrate the rich culture of the Irish."

The parade has continued to grow over the past 28 years and continues to be a day of celebration for the Springfield Community with family and friends joining together to enjoy a fine tradition. The organizers continued to surpass the previous year's lineup and this year was no exception.

The parade began at noon. It went from Springfield High School on Leamy Avenue and proceeded north on Leamy to Forest Rd., then to Springfield Rd., and Saxter Avenue to the Business District and ended in front of the reviewing stand at Old Central School.

The cooperation of all Township organizations combined with the financial support of the Business Community achieved the recognition of this event beyond the borders of Delaware County.

*Born and raised in Delaware County, former 3-star Admiral Joe Sestak served in the Navy for 31 years and now serves as the Representative from the 7th District of Pennsylvania. He led a series of operational commands at sea, including Commander of an aircraft carrier battle group of 30 U.S. and allied ships with over 15,000 sailors and 100 aircraft that conducted operations in Afghanistan and Iraq. After 9/11, Joe was the first Director of "Deep Blue," the Navy's anti-terrorism unit that established strategic and operations policies for the "Global War on Terrorism." He served as President Clinton's Director for Defense Policy at the National Security Council in the White House, and holds a Ph.D. in Political Economy and Government from Harvard University. According to the office of the House Historian, Joe is the highest-ranking former military officer ever elected to the U.S. Congress.*

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